



**Carment Kiara's Track Club**

**8am Saturday, June 10, 2023**

**Rolling Start**

**Nelson Field 7400 Berkman Dr. Austin, TX 78752**

**Entry Fees: No Refunds Spectators \$10/ Athletes \$15**

**All Coaches Free with their registered team**

**Automatic Timing**

**Pre Registration Online is required**

**Registration Closes Wednesday, June 7 @ 11:59 PM CST.**

**Register @Coacho.com**

**Carment Kiara Invitation**

**Coaches Meeting @ 7:30**

**Order of Events**

**8:00 a.m.**

1. Shot
2. Discus
3. Standing long jump
4. Long jump
5. Triple jump
6. High jump
7. Javelin/Turbo

**Field Events**

- Bantam-Open**  
**Open/Ym/Yw/Midget**  
**Primary 6 & under only**  
**Super primary- Open**  
**Open/Ym/Yw/Youth**  
**Bantam-Open**  
**Open -Youth/(12 & Under)**

**8:00 a.m.**

8. 3200m. Run
9. 4x200 Relay
10. Sprint Medley
11. 4x800 Relay
12. 110m. Hurdles
13. 100m. Hurdles
14. 100m. Hurdles
15. 100m. Hurdles
16. 80m. Hurdles
17. 400m. Relay
18. 800m. Run
19. 50m. Dash
20. 100m. Dash
21. 400m. Dash
22. 400m. Hurdles
23. 400m. Hurdles
24. 200m. Hurdles
25. 200m. Dash
26. 1600m. Run
27. 1600m. Relay

- Primary-Open**  
**Super primary-Open**  
**Super primary-Open (100-100-200-800m.)**  
**Super primary-Open**  
**10@39" Inter. Boys/Young Men/Open Men**  
**10@33" Inter. Girls/Young Women/Open Women**  
**10@33" Youth Boys**  
**10@30" Youth Girls**  
**8@ 30" Midget Boys/Girls**  
**Super primary-Open**  
**Primary-Open**  
**Primary only**  
**Primary-Open**  
**Primary-Open**  
**10@36" Interm. Boys/Young Men/Open Men**  
**10@30" Interm. Girls/Young Women/Open Women**  
**5@30" Youth Girls/Boys**  
**Primary-Open**  
**Primary-Open**  
**Super primary-Open**

**Medals will be given to the top 3 finishers in each division.**

**This meet will be run in the Coaches Coalition Format**

- **Breakfast served @ 7:00-8:00 for coaches with a registered team.**  
**Scholarship Ceremony starting @ 12 noon. Track meet will resume immediately after the ceremony**

**For information about Coaches Coalition National Track & Field Meet July 13, 14, 15, 2023 go to [CoachesCoalition.com/](http://CoachesCoalition.com/) For registration information go to [CoachO.com](http://CoachO.com) or call Coach Kiara**

**(512)453-2728 or (512) 496-0871 cell**

**"Where the Best of the Best Come to Get Better"**



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